



# purecreativearts

EVERY LIFE IS WORTH LIVING

## PRIMARY SCHOOLS PACK

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## **Who We Are**

Pure Creative Arts (Pure) exists to help young people to recognise and deal with the blockages that stand in the way of them realising their unique identity and be released into their full potential.

We aim to support young people, and communicate to them messages about their image/identity/self worth through dynamic theatre and educational workshops, in order to challenge them to think about how they see themselves, their relationships and wider influences on their lives. Where they suffer from low self-esteem and damaged relationships, Pure aims to help them see how positive change can happen.

Pure Creative Arts operates through a team of experienced performers and health professionals, with extensive experience of working within school environments. Pure operate from Christian values, but our focus is on helping young people of all backgrounds think for themselves, rather than proselytising. We believe children can benefit from relevant, engaging and diverse PSHE and Religious Education.

Pure Creative Arts is multi-faceted, working in several different ways; a theatre company, an educational team with health professionals, a mentoring service, and a Creative Arts School. We have programmes that address particular areas of mental health. These different styles will be effective and relevant for different individuals.

The team perform in schools to introduce the themes and issues we are covering, and then the team members facilitate workshops that provide a safe learning environment where young people can explore sensitive issues of health, identity, self worth and image and where they can feel free and comfortable to talk.

Pure Creative Arts are available for assemblies, school concerts, and youth events, using performances as a relevant way to provoke thought. As an educational resource Pure Creative Arts provide lessons and workshops dealing with specific issues facing Primary School age children.

## Where do Pure Creative Arts fit into the curriculum?

Pure Creative Arts tailor our work to fit within current departmental advice and guidelines pertaining to PSHE education and Religious Education, and believe we work effectively and fit within the following areas:

- Developing confidence and responsibility and making the most of their abilities

Among other things the curriculum states that pupils should be taught to respect the differences between people as they develop their own sense of identity, and to recognise how others see them and give and receive constructive feedback.

- Developing a healthy, safer lifestyle

The curriculum states that pupils need to learn how to keep healthy and what influences health, including the media. They should also be taught how to recognise when pressure from others threatens their personal safety and wellbeing, and how to develop effective ways of resisting pressure.

- Developing good relationships and respecting differences between people

Pupils should be taught about the effects of all types of stereotyping, prejudice, bullying, racism and discrimination and how to challenge them assertively. Further, they need to recognise that actions have consequences and when and how to make compromises.

They should learn about the role and importance of marriage in family relationships and how to recognise goodwill is essential to positive and constructive relationships.

Pure Creative Arts offer lessons and workshops that cover the above topics, with particular focus on issues surrounding identity, image, and pressure. Lessons also cover leading a healthy lifestyle, by looking at eating disorders and the ways our lifestyles can be unhealthy.

It's important to cover issues of healthy eating and disordered eating at a young age:

- Body image dissatisfaction is often found in girls as young as 9 years old <sup>1</sup>
- Several studies demonstrate desire to be thinner in girls as young as seven<sup>2</sup>

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<sup>1</sup> Eating behaviour in junior high school females (2000)

<sup>2</sup> International Journal of Eating Disorders (2001)

## Religious Education

We agree with the statement from the government's most recent RE guidance document [2010] that Religious Education "is important in its own right and also makes a unique contribution to the spiritual, moral, social and cultural development of pupils and supports wider community cohesion."

As an organisation pursuing high-quality health education whilst maintaining our faith values, we also agree with the same document's comment that "RE can also contribute to pupils' personal development and wellbeing... and can also make important contributions to other parts of the school curriculum such as citizenship and PSHE education."

As Christians, team members from Pure Creative Arts can offer Religious Education lessons which cover the following themes:

- Key ideas of Christianity relating to God, truth, the world and life after death
- What we as Christians believe
- How our belief informs the lives we lead and the decisions we make in life
- Christianity's views on relationships and moral choices, including forgiveness

The Religious Education syllabus states that pupils should be provided with certain experiences and opportunities. Pure Creative Arts cover the following sections:

- Allowing pupils to encounter people from different beliefs who express a range of convictions about what they believe
- Encouraging discussion and questions about important issues in religion and Christianity
- Allowing reflection and evaluation of pupil's own beliefs
- Using a range of forms of expression (including, art, music, dance and drama) to communicate ideas and respond creatively and thoughtfully to the issues being discussed

**Who are these workshops for?** Year 6 pupils.

**What days can you book Pure for a day on transitional workshops?**

Monday-Wednesday

**How do I find out more information?**

Email [info@purecreativearts.co.uk](mailto:info@purecreativearts.co.uk)

or ring 0787 426 8682.

## **Educational Resources**

Pure Creative Arts provide a number of different aspects of school requirements including assemblies, lessons and workshops. We have an education monitor who keeps a close eye on the national curriculum as we aim for all our resources to be up to date.

### Assembly Performances

Pure Creative Arts offer the option of performance in assemblies. This usually consists of one or two short performances (dance/drama/music/poetry) and a short talk that can be based around a desired topic. Pure Creative Arts have many Christian team members, and our faith values influence what we talk about in assemblies. However, we always establish contact with the appropriate teacher before we do an assembly to discuss and ensure they're happy with the format and content of our assemblies.

### Lessons

Pure Creative Arts offer a selection of lessons for Primary Schools; topics we currently offer cover the following areas:

- Identity
- Image
- Peer Pressure
- Forgiveness
- Healthy Lifestyles
- Friendship
- Transition from Year 6 to High School\*
- What we believe as Christians

\*The transition to secondary school consists of a series of workshops that are designed to help children articulate fears they may have about moving school and prepare them for this change. The workshops also provide an opportunity to build up confidence and self-esteem as they move into a new school environment.

More details of the other lessons we provide and the structure they will take is available on request, as the format will change depending on the year group.

### Creative Arts Workshops

Pure Creative Arts offer a selection of practical workshops including dance, drama and singing. The workshops fit well into the Drama, Music and Physical Education curriculum. All the workshops are taught in a professional way, as there is degree level expertise in each of these areas within the team.

## Contact Us

For pricing and additional info, please contact us:

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